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Steven C. Hayes, Ph.D., is University of Nevada Foundation Professor of Psychology at the University of Nevada, Reno. He is author of more than 350 scientific

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References . Hayes, Steven C.; Spencer Smith (2005). Get Out of Your Mind and Into Your Life: The New Acceptance and Commitment Therapy. New Harbinger Publications.

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You're out of your mind! and You've got to be out of your mind! Inf. You must be crazy for saying or doing that! (Said to someone who has said or done something silly)

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